

GREEN ROOM

Please complete and leave on the kitchen table by 7pm

	Name	Name		Name	Name
Orange Juice	[]	[]	Fresh fruit salad	[]	[]
Grapefruit Juice	[]	[]	Greek Yogurt	[]	[]
Apple Juice	[]	[]	Natural Yogurt	[]	[]
			Soya Yogurt	[]	[]
			Dish prunes	[]	[]
Cereals	[]	[]			
Porridge (milk or water?)	[]	[]	Toast	[]	[]
Fresh grapefruit	[]	[]	(wholemeal spelt bread)		
Tinned grapefruit segments	[]	[]	Croissant	[]	[]
Scrambled eggs with smoked salmon (served in a toasted, buttered muffin)	[]	[]			
Kippers (one or two?)	[]	[]			
Smoked haddock	[]	[]			
Fried egg	[]	[]	Kittow's pork sausage	[]	[]
Poached egg	[]	[]	Tomato	[]	[]
Scrambled eggs	[]	[]	Hash brown	[]	[]
Boiled egg (one or two?)	[]	[]	Baked beans	[]	[]
2 rashers bacon	[]	[]	Oven-fried bread	[]	[]
Mushrooms	[]	[]	Vegan sausage	[]	[]
Tea:-					
Breakfast tea	[]	[]	Earl Grey	[]	[]
Green tea	[]	[]	Chamomile	[]	[]
Decaffeinated tea	[]	[]	Lemon & ginger	[]	[]
Peppermint tea	[]	[]	Organic Redbush	[]	[]
Cafetiere coffee:-					
Origin - Rainforest Alliance Nueva Granada	[]	[]			
Nairobi- Pure Colombian Paramillo	[]	[]			
Origin - Fairtrade naturally decaffeinated , mellow	[]	[]			
Hot chocolate	[]	[]			

BREAKFAST IS SERVED ANY TIME BETWEEN 8.30 & 9.30am

What time would you like your breakfast? _____

The eggs are always free range and dairy-free milk and spread are available on request
If you would like a complimentary newspaper please indicate your preference _____

